Not all freshman courses are created equal. Freshman Transition is about helping students understand why their education is important and getting them to develop 10-year plans that take them beyond high school, beyond college or training, and into self-sufficient adult life. Does your current freshman course make the grade? Run through this list to see how your school's course measures up against the Freshman Transition Standards. The results may surprise you.

Do students in your freshman course:
Learn to project into the future and understand the consequences of their actions and the choices they make today?
Analyze the effect of personal interests and aptitudes upon educational and career planning?
Develop meaningful 10-year, career-inclusive educational plans?
Understand the impact their commitment to education has on their future lifestyle and life satisfaction?
Recognize the impact of career choice on personal lifestyle?
Demonstrate the skills to locate, analyze and apply career information?
Know the process for career planning and educational preparation?
Know how to apply the skill sets required to succeed?
Demonstrate the importance of productive work habits and attitudes?
Complete formal assessments and surveys to help them establish and consolidate their identity?
Know the process used to locate and secure entry-level employment?
Know how societal change impacts career opportunities?
Know how many skills are common to a variety of careers and that these skills can be transferred from one career opportunity to another?

For information about The George Washington University's **Freshman Transition Initiative**, visit http://gsehd.gwu.edu/FTI. To view a **ten-step plan** for implementing a Freshman Transition course in your school, visit www.principals.org/plarticle.