

Career Choices Specialized Lesson Plan (When curriculum is used over a three-year period.)

Scholars and educators alike strongly encourage career exploration for all students. Although the *Career Choices* curriculum is designed for an eighth-grade reading level, with a few adaptations, it can be used very effectively with students that are not reading at the eighth-grade level.

The greatest strength of the curriculum is that it teaches a powerful and systematic decision-making process. By using the following plan, in which lessons become more sophisticated and complex as the student's maturity level grows, making good decisions in all areas of their lives will become second nature. Students will be prepared to make considered and enthusiastic academic and vocational choices as they enter the "real world."

Please note, especially for the less mature student, lessons should not proceed sequentially through the *Career Choices* text (the preferable plan for the more advanced student). Some students will not be developmentally ready to deal with some of the exercises early in the book, which focus on identity. But, after a few years in the program, these activities will be both relevant and intriguing.

Again, for the less developmentally advanced student, stress should be placed on the *process*, not the outcome. Learning to make good decisions about school, friends, risky behavior, and the like is at least as important to their future happiness as choosing a career major.

Year One

The students will not necessarily need their *Workbook and Portfolio* because the lessons outlined can be completed on notebook paper. The lesson chosen for the first year are activity-oriented. You may want to allot more time than noted.

Year Two

Students get their *Workbook and Portfolio* at the beginning of this year. Because some profiles will be updated again in Year Three, advise students to complete their exercises in pencil. Each student will need classroom access to a copy of both *Career Choices* and *Possibilities*.

Year Three

Students will continue to work in their personal *Workbook and Portfolio*. They will also get their own copy of *Lifestyle Math*. Each student will need classroom access to a copy of *Career Choices* and *Possibilities* as well.

The following lesson plan uses the format of the 180-hour lesson plan, found on pages 5/15 to 5/33 of the 2000-2002 edition of the *Instructor's and Counselor's Guide for Career Choices*. You'll need a copy of this edition, plus copies of *Career Choices*, *Possibilities*, *Lifestyle Math*, and the consumable *Workbook and Portfolio* as you work through this document.

Section Chapter	Who Am I?		What Do I Want?					How Do I Get It?				
	1	2	3	4	5	6	7	8	9	10	11	12
Year One	Hours: 1, 2, 3, 4, 5	Hours: 13, 14, 15, 16		Hours: 51, 52, 62, 70, 71, 72, 75	Hours: 108, 109, 110					Hours: 136, 138, 140, 142, 148	Hours: 152	
Year Two	Hours: 2,* 4,* 6, 7, 8, 9, 10, 11, 12	Hours: 17, 18, 19, 20, 21, 22, 23, 24, 25, 29, 30, 31, 33, 36	Hours: 43, 46	Budget exercise**	Hours: 104, 105, 109,* 110*	Hours: 111, 112, 113, 114, 115	Hours: 120, 121, 123, 124	Hours: 126, 127, 128				Develop 3- year plan***
Year Three	Hours: 2,* 4,* 7*	Hours: 17,* 23,* 26, 28, 32, 34, 37, 38, 39	Hours: 40, 41, 42, 43,* 44, 45, 47, 48, 49	Hours: 50, 52-85, 86,* 87,* 88,* 91, 92, 93, 94, 95, 96, 97, 98, 99, 100, 101, 102, 103	Hours: 104,* 105,* 106, 107, 109,* 110*	Hours: 113,* 114,* 115,* 116, 117, 118, 119	Hours: 120,* 122, 125	Hours: 128,* 129, 130, 131, 132	Hours: 133, 134, 135, 137, 139, 141, 142,* 143, 144, 145, 146, 147, 148,* 149, 150	Hours: 151, 153, 154, 155, 156	Hours: 157, 158, 159, 160, 161, 162, 163, 164	Hours: 165, 166, 167, 168, 169, 170, 171, 172, 173, 174,* 175,* 176, 177, 178, 179, 180

* Indicates that this lesson is updated from previous year. Suggest students use pencil to complete activities the first two years.

** Do the Budget exercise as described in the *Instructor's and Counselor's Guide*, pp. 4/47 to 4/64, using the *Workbook and Portfolio* format, pp. 32-42.

*** Use hours 174 and 175 for format.