Get Focused...Stay Focused!® (GFSF) A Career Readiness Plan for ALL!

Students thrive when they are *intrinsically* motivated. When students **Get Focused**, the **WHY** becomes clear. Their education is relevant and they understand the need to **Stay Focused** to make their goals a reality. This differentiated experience culminates in development of an online **10-year College, Career, and Life Readiness Plan**.





- Students meet the highest level of college and career preparedness
- Supports the informed selection of Career and Guided Pathways
- Dual Enrollment and Articulation options enrich EQUITY and ACCESS for ALL
- California a-g approved (area g)—Initiate a GFSF college prep approved course in your state!
- Model college and career readiness curriculum that is classroom based with scope and sequence design
- Online or hybrid curriculum options and mobile app
- Teaches, reinforces, and provides practice in 21st century and employability skills
- Supports collaboration of business, secondary, and postsecondary partners
- Supports the four pillars of Guided Pathways
- Meets the American School Counselor Association Standards and Freshman Transition Initiative Standards of The George Washington University
- Provides competency-based learning for individualized instruction
- Counselor integration using My10YearPlan.com® for academic and workforce planning



? | HOW DO I GET IT?

- A timeless decision-making process connecting school to life.
- Preparing students to be economically self-sufficient and purpose driven.
- A foundational curriculum recognized by the U.S. Department of Education and the U.S. Department of Labor.





SECONDARY

- Increased preparedness for college and career
- Increased attendance
- Increased participation in dual credit opportunities (AP, IB, dual enrollment/articulation)
- Increased on-track toward graduation
- Increased overall GPA
- Increased level of social/emotional competencies

OUTCOMES

- Decreased disciplinary referrals
- Decreased suspensions and expulsions
- Decreased failure rates

retention

reputation

Focused!

revenue

recruitment

readiness

for the workforce

- Decreased dropout rates

POST-SECONDARY

- Increased recruitment, retention, and revenue
- Increased preparedness and on-time completion
- Increased Guided Pathway/Meta-major selection after GFSF FYE course
- Decreased need for remedial courses
- Increased success for populations historically underserved by higher education
- Improve the quality of learning and students' first-year experience (FYE)
- Increase successful transition to 4-year institutions
- Increase successful transition to employment commensurate with education or training
- Increased communication and data sharing between departments



Comprehensive Guidance for ALL!

Get Focused...Stay Focused!® champions the message that a classroom based, transformative comprehensive guidance program inspires students to "know thyself," and to consciously plan for a self-sufficient and personally satisfying future. These academically-rigorous courses culminate with each student writing a quantitative and meaningful 10-year College, Career, and Life Readiness Plan.

GFSF SUPPORTS YOU

- College, university, and department of education strategic plans
- Aligns to Perkins funding requirements
- State legislation
- CTE academic alignment
- Special education transition planning
- Enriches student, parent, and community engagement
- Increase social/emotional competencies

Change Campus Culture

The number of freshmen with three or more Fs decreased by more than half from 28.2% in 2009-10 to 12.3% in 2015-16.



Freshmen were responsible for 49 of the school's 65-point Academic Performance Index (API) increase within that first year.

The number of 9th graders who were absent all day went from 46.3% in 2008-09 to 17% in 2010-11, and the overall school attendance hit 96.21% in 2015-16.

Students (10th, 11th and 12th) participating in AP testing grew from 17.2% in 2008-2009 to **32.2%** in 2015-2016.

(reported by Indio High School, Indio, CA)

An increase in pass rates for courses required for acceptance to schools in the University of California or Cal State systems, from 23.3% (2006-07) to 49% (2014-15).

An increase in Academic Performance Index (API) score, from 710 (2006-07) to 778 (2012-13)

A reduction in suspensions, from 137 (2006-07) to 47 (2012-13).



(reported by Carpinteria High School, Carpinteria, CA)



Ventura College compared 534 first-time students who took a course using Career Choices and Changes/My10yearPlan.com® (COUN V01 or V02) in fall 2015, fall 2016, or fall 2017 to first-time students who did not enroll in those courses.

The COUN V01/V02 students had a first-semester course success rate of 76.7%, significantly higher than the 74.0% rate for other first-time students.

The COUN V01/V02 students had a fall-to-spring persistence rate of 89.1%, significantly higher than the **86.3%** rate for other first-time students.



(reported by Ventura College, Ventura, CA)

AFFURDABLE SUSTAINABILITY								
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Cost per Student (avg. over 4 years)	9th	10th	11th	12th	Total			
Using My10yearPlan.com® Essentials	\$9.70	\$9.70	\$9.70	\$9.70	\$38.80			
Using My10yearPlan.com® Interactive	\$10.70	\$10.70	\$10.70	\$10.70	\$42.80			
Using My10yearPlan.com® with Career Choices and Changes Online	\$25.00	\$25.00	\$25.00	\$25.00	\$100.00			

This pricing reflects only the annual material/licensing costs per student. Start-up costs, which include textbooks, are not included.

For FYE and Adult Ed

Career Choices and Changes text My10yearPlan.com® license

Career Choices and Changes online with My10yearPlan.com® license

Innovative Solutions

videos for on-demand professional development

online resources available to support classroom teachers

School Funding Impacted by Increased Attendance on "Count Days" and Increased Graduation Metrics



approx. 48 hours



Support ASCA National Standards for Student and GWU Freshman Transition Standards

\	1,300		1	_	83 m	nutes			
	students		counselor	with a	guidanc	ce profess	sional		
	(avgerage ratio in California community colleges)								

GFSF at least 138 hours = students classroom-based guidance

10-year Plan with informed career path

Student Success = classroom-based guidance

Course

10-year Plan with informed career path