

# Indiana Orientation to Life and Careers Content Standards

Correlated to Career Choices, Instructor's Guide, Possibilities, and Lifestyle Math

Standards and Competencies		<i>Career Choices</i>	<i>Instructor's Guide</i>	<i>Possibilities</i>	<i>Lifestyle Math</i>
<b>Standard 1</b>	<b><i>Students will integrate processes of thinking, communication, leadership, and management in school, family, career, and community settings.</i></b>				
OLC-1.1	Demonstrate components of critical thinking, creative thinking, and reasoning.	Practiced throughout text	Projects throughout text	Practiced throughout text	Practiced throughout text
OLC-1.2	Evaluate effective communication processes in school, family, career, and community settings.	Practiced throughout text	Projects throughout text	Practiced throughout text	Practiced throughout text
OLC-1.3	Demonstrate leadership that encourages participation and respect for the ideas, perspectives, and contributions of group members.	38-43, 162-165, 229-247, 232-235, 236-237, 238-241	4/22-4/26, 4/102-4/104, 4/115, 4/118-4/119, 4/127, 4/137, 4/143, 4/148, 6/23-6/31, 6/32-6/33	Practiced in group discussions and projects throughout	Practiced in group discussions and projects throughout
OLC-1.4	Apply management, decision-making, and problem solving processes to accomplish tasks and fulfill responsibilities in school, family, community and career settings.	168-179, 182-191, 194-227, online activities available	4/24-4/26, 4/108-4/115, 4/117-4/121, 4/124-4/140, 4/148	127-138, 139-141, 142-163, 164-165, 166-171, 172-177, 178-211, 212-220, 221-224, 225-227	6-9, 100-101, 102-110
OLC-1.5	Examine the interrelationships among thinking, communication, leadership, and management processes to address individual, family, community and work place issues.	Practiced throughout text	Projects throughout text	Practiced throughout text	Practiced throughout text
<b>Standard 2</b>	<b><i>Students will evaluate the impact of today's choices on their future success.</i></b>				
OLC-2.1	Utilize career information and resources to conduct self-assessment, career exploration, and career planning processes.	Goal of the entire text	Projects throughout text	Practiced throughout text	Practiced throughout text
OLC-2.2	Explore and determine personal aptitudes, traits, interests, principles, values, attitudes, priorities, goals, and desired lifestyle.	Goal of the entire text	Projects throughout text	Practiced throughout text	Goal of the entire text
OLC-2.3	Analyze skills and knowledge needed to define and achieve personal, school, family and career goals.	Goal of the entire text	Projects throughout text	Practiced throughout text	Goal of the entire text
OLC-2.4	Analyze skills for successfully integrating multiple life roles in school, family, career and community settings.	26-53, 56-71, 124-141	4/15-4/35, 4/37-4/45, 4/79-4/84	40-42, 43-46, 47-60, 61-68, 69-71, 74-75, 108-111	

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<b>Standard 3</b>	<b><i>Students will analyze selected career paths in relation to their own aptitudes, interests, principles, and desired lifestyle.</i></b>				
OLC-3.1	Determine roles, functions, education and training requirements of various options within a career cluster and related career pathways.	120, 144-161, 254-255, 262-263, online activities available	4/76, 4/85-4/101, 4/155, 4/159		
OLC-3.2	Explore career options and opportunities for employment and entrepreneurial endeavors for selected career clusters and career pathways.	38-43, 120, 138-139, 144-165, 203-207, 222-223, 238-241, 254-255, 262-263, 266-283, online activities available	4/22-4/23, 4/76, 4/78, 4/83, 4/86-4/105, 4/139, 4/146-4/147, 4/155, 4/162-4/169, 10/5	273-276	
OLC-3.3	Create flexible career plans that incorporate the changing nature of work; evolving trends in labor market, technology, society, and the economy; and needs for lifelong learning.	Goal of the entire text	Projects throughout text		
OLC-3.4	Examine the impact of self selected on desired lifestyles.	56-71, 74-121, 124-141, 144-165, online activities available	4/37-4/45, 4/47-4/78, 4/79-4/84, 4/85-4/105	69-71, 74-75, 76-79, 87-94, 95-102, 103-107, 108-111, 112-117, 118-123, 124-126	86-91
OLC-3.5	Evaluate high school four-year course plans, post secondary education and training plans, and career plans in light of decisions about career paths and options.	150-155, 266-283, online activities available	4/129, 4/162-4/169	273-276	
<b>Standard 4</b>	<b><i>Students will develop basic skills, tools, and personal qualities needed for success in school, family, career, and community settings.</i></b>				
OLC-4.1	Demonstrate self-management qualities related to responsibility and work ethic (for example: attendance, punctuality, completion of work on time, focus, initiative, perseverance, striving to do one's best).	229-247	4/141-4/150	228-239, 249-251, 240-248	

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OLC-4.2	Demonstrate habits of mind (for example: taking responsible risks, thinking and communicating with clarity and precision, questioning and posing problems, thinking independently, applying past knowledge to new situations, remaining open to continuous learning).	193-227	4/123-4/140	214-215, 172-177, 212-220, 221-224, 228-227	6-9, 100-101
OLC-4.3	Apply study skills and skills in reading, writing, mathematics, listening, speaking, using technology, and self-assessment of quality work in school, family, community, and career settings.	Practiced throughout text	Projects throughout text	Practiced throughout text	Practiced throughout text
OLC-4.4	Demonstrate the ability to apply adaptive, transferable, and job-related skills and personal qualities in school, family, career and community settings.	46-48, 132-134, 147, 150, 162-165, 246	4-13/4/14, 4/27-4/28, 4/150		
OLC-4.5	Demonstrate respect for multiple diversities with sensitivity to anti-bias and equality in gender, age, race culture, ethnicity, socioeconomic status and exceptionalities.	31-37, 196-199, 211-215	4/20-4/21, 4/123-4/125, 4/132-4/134	27-32, 47-56	
OLC-4.6	Demonstrate ability to develop and maintain high quality career portfolios and other documents and processes necessary to gain employment (for example: successful interviewing, resumes, job application forms, related correspondence).	14, 27, 63, 92-93, 134, 150-155, 177, 189-190, 227, 246, 257-259, 270-273, 278-282, online activities available	4/13-4/14, 4/16, 4/63-4/64, 4/80, 4/89-4/91, 4/113, 4/120-4/121, 4/139-4/140, 4/150, 4/156-4/157, 4/164, 4/166-4/167		
OLC-4.7	Develop a personal/professional network to assist in career exploration through a variety of experiences (for example: job shadowing, career study tours, guest speakers, career fairs, electronic communications).	158-159, 262-263	4/94-4/100, 4/159, 6/36-6/40	262-269	
OLC-4.8	Evaluate career opportunities for working conditions, benefits, and opportunities for growth and change.	150-155	4/89-4/91		

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<b>Standard 5</b>	<b><i>Students will demonstrate management of their own resources to become independent, contributing, and responsible students, employees, and family members.</i></b>				
OLC-5.1	Examine needs, wants, principles, goals, and economic resources and their relationship to personal resource management.	71-121, online activities available	4/47-4/78	76-79, 80-86, 87-94, 95-102, 103-107	Goal of the entire text
OLC-5.2	Demonstrate financial literacy and money management strategies to achieve goals regarding budgeting, income, spending, credit, savings, and investing.	71-121, online activities available	4/47-4/78	76-79, 80-86, 87-94, 95-102, 103-107	Goal of the entire text
OLC-5.3	Create time management systems and strategies to achieve goals.	121	4/77		104-110
OLC-5.4	Manage individual and family resources to set standards, make choices, satisfy needs and wants, and reach goals.	71-121, online activities available	4/47-4/78	76-79, 80-86, 87-94, 95-102, 103-107	Goal of the entire text
OLC-5.5	Establish wellness goals to maximize present and future health and peak performance in school, family, career, and community settings.	64-71, 89, 194-227, 274-277, online activities available	4/43-4/45, 4/123, 4/140	172-177, 212-220, 221-224, 225-227	6-9, 74-75
OLC-5.6	Determine and assume responsibility for maintaining standards for personal appearances, attire, and etiquette appropriate for specific settings.	82-83	4/57, 6/11		43-47