

Get **Stay Focused!**

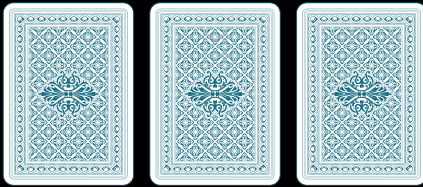
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A REPLICABLE PROGRAM MODEL

Get **Stay Focused!**

A 60-minute overview exploring the GFSF program model and how it builds the intrinsic motivation to succeed in ALL students through a 10-year Skills-Based Education Plan.

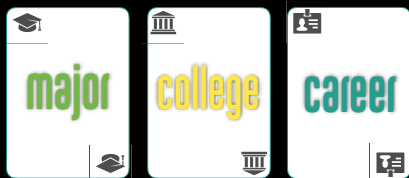
During their transitional years, students make three important choices:



During the transitional years between high school and college, students make three important choices:




Think about the students you know.



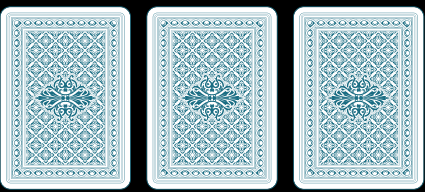
TURN TO THE PERSON NEXT TO YOU and discuss:
In what order do most people make these choices?

Most students make their choice of **college** first.




Then, hopefully, within the first year (or two), they choose a **major**, and, for too many students, **career** choice comes last after graduation.

In what order **should** these elements be considered to render success?



1 2 3


In what order **should** these elements be considered to render success?



1 2 3

career
determines
major
which determines an appropriate
college

It's time to flip the college decision-making paradigm!



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Activity ~ Pair Up

Decide who will be Chris Cash & who will be the academic coach.

Chris comes to you for advice.

Chris is considering dropping out of school.

Academic Coach's task: Convince Chris to stay.

The foundation of the GFSF program is every student having a 10-year Plan.




WHY A 10-YEAR PLAN?

Why a 10-year Plan?



KIDS
IN
PARENTS'
POCKETS
ERODING
RETIREMENT
SAVINGS

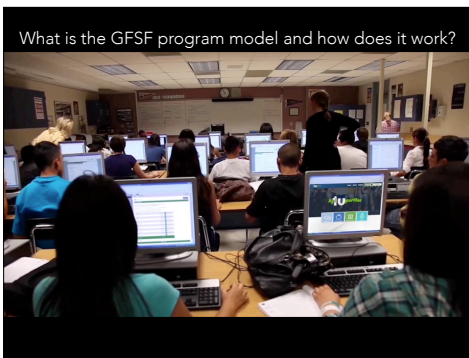




A 10-YEAR PLAN PROVIDES THE VISION THAT HELPS STUDENTS:

- Successfully complete high school, and then...
- Enter and complete post-secondary education and/or training...
- Make timely and successful transitions into an economically self-sufficient adulthood

HIGH SCHOOL ... POST-SECONDARY ... AND BEYOND





10-YEAR PLAN SUMMARY

provides a quick overview of a student's

- DREAMS
- GOALS
- PLANS

that can be accessed by or shared with

- Counselors
- Instructors
- Family, friends, & mentors

THE LIFESTYLE I WANT

RELATIONSHIPS

- I want to be married and have 2 children.
- My spouse should be a hard-working breadwinner who collaborates about a variety of pursuits and activities. People with high integrity and that you can count on. I would like to be able to spend at least 10 to 20 hours with family and 10 to 20 hours with friends each week.
- I am a hard worker and I want to work 40-50 hours per week of my chosen profession.

WORK

- My mission is to improve not only my but the lives of my co-workers. To have time for fun with family and friends and have a semi-flexible life.
- I want to be able to make the commitment to a longer goal or idea. To give my all to this process and still be able to keep my health and my relationships.

PERSONAL

- My other priorities that will require my time and attention are:
 - My spouse will have to take the time to spend 10 to 20 hours on recreation, 1 to 5 hours on child-care each week. I will try to spend 10 to 20 hours on recreation.
 - I would like to have the following flexibility: I need some flexibility as I can be creative. I am somewhat independent and independent and need to be able to work to keep that.
 - I want to be able to work to keep that.
 - I want to be able to work to keep that.
- I want to meet my spiritual needs by yoga and meditation self-spiritual things I guess.

MATERIAL THINGS

- I want to own a house in Carpinteria, CA in a house.
- I want to be able to support my children for at least 10 years. I would like to be making enough to pay all my bills, have some savings, and travel when I want. Enough for fun and things I need.
- The possessions that are most important to me are: A nice home, a car that runs, my one motorcycle, etc.

THE BUDGET TO SUPPORT MY LIFESTYLE

My total monthly expenses for the lifestyle I envision for myself and my family is \$1,800.00 per month. Therefore, I need to earn the following amount per year to support this lifestyle:

One Income Earner in the Family: \$21,600.00 per year
Two Income Earners in the Family: \$36,000.00 per year

I need to earn at least \$36,000.00 per year. If I am married and we both work on average we each need to earn at least \$18,000.00 per year to support the lifestyle described in my budget narrative.

MY BUDGET NARRATIVE Expand >

MY CAREER AND LIFESTYLE GOALS >

The advisor states the problem as it relates to the dreams, goals, and hopes articulated in the student's 10-year Plan.





The advisor references some of the responses in the student's written 10-year Plan, and that reinforces the need to get focused, stay focused, and bring their grade up.



Because the student has completed his freshman comprehensive guidance course, he is more vested in following his plan and understands the consequences of scaling back. Students can move quickly to taking ownership of the solution.



The process culminates with **brainstorming solutions** and **writing a plan** to remedy the situation.

When remediation strategies are based on a student's own **hopes, dreams, and goals**, you will have a more **motivated** student.

Let's try the earlier activity again.

Look over Chris's **10-year Plan Summary** page and try the activity again.

Convince Chris to stay in school.

GOAL	ACTION PLAN	START DATE	END DATE	PROGRESS	STATUS
Graduate from high school	Attend classes, complete assignments	2018	2022	100%	Completed
Attend college	Apply to colleges, get accepted	2022	2026	50%	In Progress
Get a job	Gain work experience, network	2026	2030	20%	Not Started
Buy a house	Save money, get a good credit score	2030	2035	10%	Not Started
Get married	Find a partner, get engaged	2025	2030	30%	In Progress
Have children	Get pregnant, raise children	2030	2040	0%	Not Started
Retire	Save for retirement, work hard	2040	2050	0%	Not Started

What if **every** student had a **comprehensive and meaningful 10-year Plan** that you could access?

How much better could you **counsel** and **support** each student?

WHO ON YOUR CAMPUS SHOULD BE INVOLVED?

ADMINISTRATORS
TEACHERS
OFFICE STAFF
GRADUATION COACHES
PARAPROFESSIONALS
MENTORS

EVERYONE

WHO ON YOUR CAMPUS SHOULD BE INVOLVED?

HOW DO YOU GET AVERAGE 14-YEAR-OLDS TO DEVELOP A MEANINGFUL 10-YEAR PLAN?



GET FOCUSED

Middle School
Building a Bridge to Your Future
Online 10-year Plan

High School
Career Choices
College
My 10 year Plan.com

STAY FOCUSED

Get Focused!
Developing Strategies and Approaches to Promote College & Career Readiness

Stay Focused!
Determining Your Interest and Post-Secondary Education Path

Stay Focused!
Preparing to Get on Your 10-Year Education and Career Plan

in the 10th, 11th, and 12th grades

How do the GFSF modules work, and why is this school-wide effort vital for ALL students?



GOALS OF THE
Get Stay Focused!
PROGRAM

- College and Career Ready
- Informed, Declared Major
- College or Post-secondary Path
- 10-year Career & Education Plan

OUTCOMES FOR SCHOOLS

- Increased attendance
- Higher academic achievement
- Higher concurrent enrollment rates
- Higher completion rates: high school, career pathways, and college

What are the outcomes?



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